



"Protecting Fighters  
Around the World"

**Board of Directors**

Joseph J. Estwanik, M.D.  
President

Robert C. Cantu, M.D.  
Vice President

Raymond Monsell, M.B., B.Ch.  
Chairman

Bruce C. Spizler, Esq.  
Secretary

Rick Weinstein, M.D., M.B.A.  
Treasurer

Edmund Ayoub, M.D.

Robert Boltuch, D.O.

Domenic F. Colletta, M.D.

Allan Fields, M.D.

Margaret Goodman, M.D.

Calvin Inalsingh, M.B., Ch.B

Barry D. Jordan, M.D., M.P.H.

Larry Lovelace, D.O.

John Neidecker, D.O.

Patricio F. Reyes, M.D.

Nicholas Rizzo, M.D.

Timothy M. Silver, M.D.

John Stilller, M.D.

Paul W. Wallace, M.D., M.P.A.

For Immediate Release

January 27, 2014

**Association of Ringside Physicians Releases Consensus Statement on  
Therapeutic Use Exemptions for Testosterone Replacement Therapy**

The Association of Ringside Physicians (ARP), an international, non-profit organization dedicated to the health and safety of the boxer and mixed martial arts athlete, has released a consensus statement on therapeutic use exemptions for testosterone replacement therapy in professional combat sport athletes, as follows:

The incidence of hypogonadism requiring the use of testosterone replacement therapy (TRT) in professional athletes is extraordinarily rare. Accordingly, the use of an anabolic steroid such as testosterone in a professional boxer or mixed martial artist is rarely justified. Steroid use of any type, including unmerited testosterone, significantly increases the safety and health risk to combat sports athletes and their opponents. TRT in a combat sports athlete may also create an unfair advantage contradictory to the integrity of sport. Consequently, the Association of Ringside Physicians supports the general elimination of therapeutic use exemptions (TUE) for testosterone replacement therapy.

For more about the ARP, visit its website at  
[www.associationofringsidephysicians.org](http://www.associationofringsidephysicians.org).

###

For further information, please contact:

Dr. Ray Monsell  
Chairman, ARP  
[ray147@talktalk.net](mailto:ray147@talktalk.net)